



University of Pretoria Yearbook 2016

Fundamental nutrition 152 (EXE 152)

Qualification	Undergraduate
Faculty	Faculty of Humanities
Module credits	6.00
Programmes	HCert (Sports Science) Option: Education HCert (Sports Science) Option: Sports Coaching
Prerequisites	No prerequisites.
Language of tuition	Double Medium
Academic organisation	Sport and Leisure Studies
Period of presentation	Quarter 3

Module content

*Closed – requires departmental selection

*Offered by the Department of Human nutrition for the students in Biokinetics, Sport and Leisure sciences
Nutrition and health, digestion, absorption and metabolism, carbohydrates, fats, proteins, energy balance and weight management.

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